

Peer Review Committee

Procedural Descriptions for Behavior Management and Emergency Interventions

November, 2016

Updated November, 2017, Reviewed November 2018, Revised January, 2019

PROCEDURES	DESCRIPTION	TYPE OF REVIEW REQUIRED FOR PLANNED INTERVENTIONS	RATIONALE WHEN NOT ENDORSED
Classroom management	Use of class-wide organizational and instructional strategies that are intended to maintain appropriate behavior of students in classroom settings	None required, provided procedures do not include any aversives	N/A
Replacement skills instruction	Instruction in behavior(s) that serve(s) the same function as problem behavior and is intended to replace problem behavior	No review required	N/A
Positive reinforcement	The addition of a reinforcing stimulus following a desirable behavior that makes it more likely that the behavior will occur again in the future	No review required	N/A
Self-monitoring / self-management	A process intended to enhance self-regulation by teaching an individual to observe, monitor, evaluate, and/or reinforce his/her own behavior	No review required	N/A
Token economy based on positive reinforcement	A system of contingency management based on systematic reinforcement of target or desirable behaviors;	No review required	N/A

	Tokens or other symbols are exchanged for reinforcers		
Behavioral contracting with positive consequences	A written agreement between a student and teacher/staff specifying expected behavior and consequences	No review required	N/A
Behavioral momentum	A sequence of tasks that have a high probability of compliance (i.e., are generally easy) are delivered immediately prior to a request that typically has a low probability of compliance or results in challenging behavior	No review required	N/A
Redirection	Providing a reminder to a student about what he/she should be doing (e.g., where he/she should be, what the expectations are, the class rules, etc.)	No review required	N/A
Differential reinforcement (e.g., DRO, DRI, DRL, DRA)	Reinforcement is provided when: the problem behavior is absent (DRO), behavior occurs that is incompatible with problem behavior (DRI), problem behavior occurs at a previously established low rate (DRL) or when alternative appropriate behavior occurs (DRA)	No review required	N/A
Contingent relaxation	Student is required to engage in relaxation strategies (e.g., deep breathing) following problem behavior or precursors to problem behavior	No review required	N/A
Extinction	Reinforcement for a response is discontinued	No review required, unless reinforcement is	N/A

		withheld longer than 15 consecutive minutes	
Clothing modifications	Clothing is modified to prevent behavior from occurring (e.g., overalls to prevent disrobing)	No review required, provided modification does not interfere with individual's ability to engage in self-care skills or activities; Note: If modification interferes with self-care skills or activities, State waiver process is required.	N/A
Restitution	Student is required to restore environment or situation to previous state	No review required, unless procedure requires physical guidance and/or restitution requires longer than 15 minutes	N/A
Response blocking	Physical contact or intervention (e.g., protective equipment) is used to prevent a problem behavior from occurring	Prior PRC approval required with follow-up review each meeting;	N/A
Response Cost	Withdrawal of reinforcers contingent on problem behavior	Prior PRC approval required with follow-up review each meeting	N/A
Timeout from positive reinforcement	Removal of a student from the opportunity for reinforcement for a specified amount of time. Timeout	Prior PRC approval required with follow-up review each meeting	N/A

	includes both inclusionary (removing reinforcing stimuli from student) and exclusionary (removing student from reinforcing stimuli)		
Contingent work	Student must complete work following problem behavior	N/A	Procedure may not be used because of lack of support for effectiveness in literature
Safety vest and harnesses (school bus); window cushions, buckle guards		Prior PRC approval required with follow-up review each meeting *Note that fade plan must be submitted at time of request	N/A
Meal modification	Typical meals are altered in some way to reduce behavior problems (e.g., lunch is delayed)	N/A	Procedure may not be used because of concerns with violations of human rights. If considered for use, discussion with Human Rights Committee would occur first to whether to move to intervention.
Physical redirection	Use of planned physical escorts when student is noncompliant	Prior PRC approval required	N/A

Mechanical restraint	Physical restraint used for the purpose of preventing injury to student or others	Note: State waiver process is required. Prior PRC approval and doctors order required	Procedure may be used only with physician order for medical purposes; Fade plan is required
EMERGENCY INTERVENTIONS			
Crisis Intervention Plan Implemented for Safety Purposes	Safety approaches implemented by trained providers (e.g., Devereux Safety Techniques Training, CP/I) that may include de-escalation, safety techniques, personal emergency intervention techniques, escorts, brief immobilization strategies, physical restraint, and the use of seclusionary time out	Prior PRC approval required; If used as a safety procedure without prior permission, must be reported to Statewide Director within 24 hours. Note: Seclusionary time out requires prior approval from Delaware Department of Education	N/A
Medication PRN	Use of medication prescribed by medical doctor, as needed, for management of behavior based on prescription	Prior PRC approval required with follow-up review each meeting. The nurse must evaluate and make the determination whether PRN medication should be administered. The nurse must complete documentation of evaluation and sign off approving the need and administration of medication.	N/A